

TTA LEVEL 2 COACHING COURSE

VENUE: **Sydney Olympic Park**

DATE: **November 1 – 5, 2008**

7.1 Training Program Overview – 5 Day Course / 36 hours

Unit No.	Unit Name	Approx Duration	Unit Delivery
Unit 1.0	Introduction & requirements of the course – Accreditation Process Assessment Procedures	1 hour	<ul style="list-style-type: none"> • Presentation • Discussion
Coaching Principles		11 Hours	
Unit 1.1	Strength & Conditioning	3 hours	<ul style="list-style-type: none"> • Presentation • Group activities / discussion • Practical Participation & Demonstration • Case Studies/ Scenarios
Unit 1.2	Mentor Training	2 hours	<ul style="list-style-type: none"> • Presentation • Discussion • Role Play
Unit 1.3	Ethical Behaviours in Coaching	2 hours	<ul style="list-style-type: none"> • Presentation • Group activities / discussion • Case Studies / Scenarios • DVD
Unit 1.4	Self Reflection	2 hours	<ul style="list-style-type: none"> • Presentation • Group activities / discussion • Case Studies / Scenarios • DVD
Unit 1.5	Inclusive Coaching / Game Sense Approach Includes extra practical assessment as per below	2 hours	<ul style="list-style-type: none"> • Presentation • Group activities / discussion • Practical Participation & Demonstration • Case Studies / Scenarios
Table Tennis Specific		17 Hours	
Unit 1.6	Tournament Rules & Classification	2 hours	<ul style="list-style-type: none"> • Presentation • Group activities / discussion • Case Studies / Scenarios • DVD
Unit 1.7	Advanced Techniques & Multiball	6 hours	<ul style="list-style-type: none"> • Presentation • Demonstration • Case Studies / Scenarios • Practical Participation & Demonstration

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Unit 1.8	Strategies, Tactics & Analysis	3 hours	<ul style="list-style-type: none"> • Presentation • Group activities / discussion • Case Studies / Scenarios • Practical Participation & Demonstration • DVD
Unit 1.9	Training Camp Organisation	1 hour	<ul style="list-style-type: none"> • Presentation • Group activities / discussion • Case Studies / Scenarios
Unit 2.0	Periodisation – Extra written assessment as per below	1 hour	<ul style="list-style-type: none"> • Presentation • Group activities / discussion • Case Studies / Scenarios
Unit 2.1	Advanced Session Planning – Extra written/practical assessment as per below	1 Hour	<ul style="list-style-type: none"> • Presentation • Discussion • Case Studies / Scenarios
Unit 2.2	Sports Psychology	3 hours	<ul style="list-style-type: none"> • Presentation • Group activities / discussion • Practical Participation & Demonstration • Case Studies / Scenarios
	<p style="text-align: center;"><u>Practical & Written In-Course Assessment</u></p> <ul style="list-style-type: none"> - Plan & conduct a training session for a particular target group. - Develop/modify an inclusive activity to conduct in a practical session - Design a yearly periodisation plan for an athlete incorporating competition schedule, strength & conditioning including physical testing, sport psychology, on table training, tactical preparation & recovery - Course Evaluation Form & Summary of Course 	<p style="text-align: center;">7 Hours</p> <p style="text-align: center;">> 3 hours</p> <p style="text-align: center;">> 1.5 hours</p> <p style="text-align: center;">> 2 hours</p> <p style="text-align: center;">> 30 mins</p>	In Training Program
	<p style="text-align: center;"><u>Coaching Practice & Post-Course Assessment</u></p> <ul style="list-style-type: none"> - Self Reflection report completed & signed by Mentor - Advanced Techniques & Multiball 	<p style="text-align: center;">10 hrs – supervised</p> <p style="text-align: center;">30 hrs – unsupervised</p>	Post Training Program

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The cost of the TTA Level 2 Coaching Course is: **\$350.00**
Cheques can be made payable to – **Table Tennis NSW**

This amount includes:

- Australian Sports Commission “Intermediate Coaching Manual”
- Level 1 Assessor Manual
- Participant Workbooks
- ASC Classification DVD

PRE-COURSE PREPARATION:

Once payment has been made, an enrolment confirmation and information letter as well as all the resources including both manuals, workbooks and DVD, will be sent out in the mail to each participant. It is compulsory that these manuals, workbooks & DVD are read through & viewed prior to the commencement of the course to familiarise yourself with the content. TTA has identified that this is necessary due to the length and content of the course. Please note it is necessary for **all participants to bring along all of the resources to the course.**

RECOGNITION OF PRIOR LEARNING:

Candidates may apply for exemption from all, or sections, of the course. Such candidates will be required to document their prior learning and submit it in writing to the course co-ordinator prior to the commencement of the course. RPL assessment will be conducted using the RPL Assessment Form. The candidate may be required to demonstrate their expertise in a particular area by written or practical demonstration. These applications will be assessed by the National Director of Coaching.

REFUND OF FEES:

Fees paid by participants may be refunded in the following circumstances and timeframes:

Notification of withdrawal in writing up to 30 days prior to commencing training program.	Full Refund
Notification of withdrawal in writing up to 14 days prior to commencing training program	50% Refund
Notification of withdrawal less than 14 days prior to commencing training program	No Refund

TTA LEVEL 2 COACH ACCREDITATION REQUIREMENTS ARE AS FOLLOWS:

1. Completion of NCAS Level 2 Table Tennis Course
2. Competency in all 6 Assessment Tools:
 - Tool 1 – Post Course Assessment – Self Reflection Report > Written
 - Tool 2 – Post Course Assessment – Advanced Techniques & Multiball > Practical
 - Tool 3 – In Course Assessment – Advanced Session Planning > Written
 - Tool 4 – In Course Assessment – Training Session > Practical
 - Tool 5 – In Course Assessment – Inclusive Coaching > Written & Practical
 - Tool 6 – In Course Assessment – Periodisation Planning > Written
3. Coaching Practice Completed:
 - 10 hours supervised & documented
 - 30 hours additional coaching documented
4. Application form, personal details form, signed Code of Behaviour form and \$22.00 cheque made out to Table Tennis Australia.

ANY FURTHER INFORMATION:

For any further information about the coaching course please contact TTA High Performance & Coaching Coordinator – Sue Stevenson > Mobile Phone: 0411 268 352.